

The Blizzard

LET THE GAMES BEGIN!

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2010.... just keeps getting better!

The first 2 HBSC Ski Trips of the season were a huge success. Mammoth Dump Alerts keep coming. And now we head into February with 2 great ski trips planned.... and 2 great sporting events to celebrate.

It's no small coincidence that **Super Bowl Sunday** and the **Winter Olympic Ski Events** coincide with HBSC February Trips. Our trip planners know how to plan – and we know how to play! Grab your skis, boards, team jerseys, flags, fan gear. Let the games begin!



HBSC Mammoth Trip

Schedule

Feb 5-8 (*Fully Booked!*)

Feb 25-28

March 18-21

April 1-4

April 15– 18 (SCAW)

FWSA Keystone Trip

Jan 30—Feb 6

Forget the “mañana” approach to calendar management.

If you plan to enjoy the HBSC Ski Season,

SIGN UP EARLY! Why?

1. You can get the early bird discount
2. You won't get the “top bunk”
3. Condos fill-up fast
4. You won't miss out on a great ski trip!



The Blizzard

- Happy New Year
- Welcome New Members
- Happy Birthday to all you January & February babies
- Enjoy the “Sport Month” – Superbowl. Winter Olympics. HBSC Ski Trips!
-See you on the slopes!

Fresh Snow, Fresh Start

What better way to start the New Year than with fresh tracks in pristine snow, magnificent views from Chair 5, rendezvous at the Mill, new members to greet, old friends to meet, Vickie's pancakes, Betsy's soup, clear crisp mountain air, short lift lines and endless

possibilities. Our January trip was **THE OFFICIAL START of the New Year for some of us....**because almost any New Year's Eve party would pale in comparison to the fun factor, pure pleasure and joy of being in the moment - on the slopes,

in the sun, with gentle breezes, great companions, amazing snow and delightful decisions to make: Which run next?

WOW! THANK YOU SKI TRIP. WELCOME 2010!
What an awesome start.

(See page 4 for VP Dick's recap...)

Betsy's Blog ~ 2010 Happy New Year HBSC!



HAPPY NEW YEAR to all!! Boy this club is ready to get out and ski and board!! The New Year trip was a success. We had 24 people (3 condos) of fun. Friday night the mountain received 1 inch of snow and Saturday night the mountain received 6 inches of snow. On Saturday and Sunday morning we woke to sunny skies....it could not have been better..... The Super Bowl Trip is our most popular trip and now sold out almost a month in advance. Last year 2009 we had four condos filled. This year we maxed-out at three, with a wait list and fully booked condo complex. 'Tis the Season!

The snow is falling now.....

Marks In The Snow

The blank canvas of a winter morning
An overnight storm
A new mountain a new skier
so many choices
the same turn a hundred times
a hundred turns all different
first tracks or maybe not
somewhere below our feet
somewhere below our skis
solid earth a solid mountain
or maybe not
we know we can't really fly
but in powder we are flying

and these tracks -- so perfect
perfect signature of a skier
cursive writing white on white
all that's left when the dance is done
so soon gone on a stormy afternoon
filled-in as fast as we lay them down
sketches and notes no one needs to read
tracks first tracks last tracks
magic moments reserved
but only for a few more moments.

*See you on the Slopes
Betsy*

The Word is OUT – Helmet Hair is IN!

Have you noticed? Increasing numbers of Boarders and Skiers alike are sporting Helmets on the slopes. Let's face it – no one likes Hat Hair, but even the mid to late adopters are recognizing that.... Helmet Hair is IN. Whether it's just plain good sense or a new fashionista edict driving the trend..... it's all good. Helmets can save lives.

For the healthy skeptics, here's some research you might be interested in:

A 2004 Colorado study noted that traumatic brain injury accounts for

50% -88% of skiing and snowboarding fatalities, and concluded that helmet wearers are less likely to suffer head injury and loss of consciousness.

A 2006 Norwegian study found that helmet use was associated with a 60% reduction in the risk for head injury.

A 1998 CPSC study concluded that 44% of head injuries (est 7,700 injuries annually) -- could be addressed by helmet use. While helmet use won't fully prevent head injuries - especially at speeds faster than 12-14 mph – use is associated with reduced risk.

The National Ski Patrol and National Ski Areas Associations advocate both Helmet use and the Code of Responsibility on the slopes.

Today's lightweight helmets offer safety, style, warmth....and even sound! So go ahead - Wear your Helmet Hair with Pride. Save those adorable Moose Toques for après ski wear – and love your grey matter. It matters! Helmet Hair is in. Safe Skiing & Boarding.

For more information:

www.nsp.org www.cpsc.gov



Ski Do's and Social Do's

DO Dates ~ So you DON'T miss out on the early sign-up rate.... \$130!!

Due Date	Trip	Trip Date
Feb 2*	Olympic Dreams	Feb 25-28
Feb 18	March Madness	Mar 18-21
Mar 4	April Fools	April 1-4
Mar 18	Ski Club Appreciation	April 15-18

You can pay at the Club meeting, by PayPal or mail a check to the club PO Box, It's that easy! And remember - Payments must be received by the due date, and are non-refundable.

This gives you a great deal, and allows the club to book ahead with a definite headcount

Social Do's ~ So you don't miss out on the local side to HBSC fun

Monthly Club Meeting

1st Tuesday of the Month Mario's. 18603 Main, HB 6:30pm Social.

Monthly Social

3rd Friday of the Month Tumbleweeds— Live Music 21096 Beach Blvd, HB Dance a little. Dance a lot!

If your New Year Resolutions include "HAVE MORE FUN" - January had it!

January Social at Tumbleweeds

Bryan Duncan at Pelican Isle

Our very own Ron Pedley at Brix.

And February has more in store....



"The skies darkened, the blizzards roared... and the snowfalls blanketed our mountain trails. A great 2010 Ski Season calls"

Heard it on the Alpine...

You may be inspired by the Olympic athletes. You don't have to be one to Race!

Mammoth Race Days (The Olympic Alternative!)

Feb 13 & 14

FWRA race weekend # 3

Mar 20 & 21

FWRA race weekend # 4

(SOCALCS) - - HBSC Trip #5

Apr 9 - 11

FWRA Championships

Races are conducted both Saturday and Sunday

Race Times are: 9:30, 10:30 and 12:30.

Mammoth MVP "Friends" – Check out the discounts

HBSC Tortilla Soup

(Recipe -Thanks to Loni Pham. January Feast – Thanks to Betsy)

- 5 chicken breasts, cooked and chopped
- 1 can diced tomatoes
- 1 large jar Hernandez Salsa
- 1 large box chicken broth
- 1 frozen bag of white corn
- ½ can of Ortega chilies

Heat it up, serve, and savor! Add your own crushed tortilla chips and shredded cheese to taste. What a Meal!!

Off the Beaten Path

Donna missed the HBSC January trip.... But she didn't miss out on amazing skiing.

Can you guess where Donna went? (photos right)

Planning Ahead? Here's a trip to consider for 2011

Sun Valley 2011

FWSA

Jan 26 to 29, 2011

Great Trip and Ski Resort

Condo and Hotel options

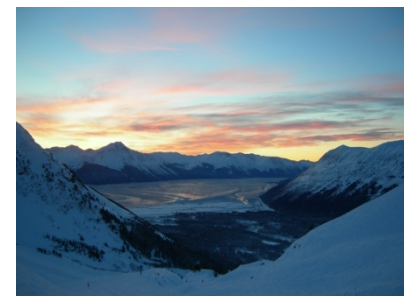
Great value: after ski parties, activities, socials

First payment – due July 1

Maximum of 90 - fills up fast.

SKI GPS

Some Ski Resorts now offer GPS units for kids – with real-time tracking of location, lifts used, runs, average speed, vertical achieved, trails and total distance skied. Adults next?!



January "Hangover Helper" Trip Recap

By Dick Thiel, HBSC Vice President

The January Mammoth trip was our second trip of the HBSC 2009-2010 ski season. This trip was entirely different than the first trip in that it was sort of a "payback" for the difficult skiing conditions of the first trip. We had terrific skiing weather all three days. We did have a few anxious moments on Friday night when it started pouring rain at the Condos. We sure thought that the slopes would be icy in the morning, but much to our pleasant surprise, we had a couple inches of new snow at Canyon lodge and the skiing was terrific. It snowed another couple of inches on Saturday night so we had new snow again on Sunday.

We had 25 members and three full condos on this trip. Friday night is Appetizer night which we use as a "Get Acquainted gathering where we renew acquaintances with old members and meet the new members. The HBSC Board (Vicki Pope) purchase some appetizers, some members also bring more appetizers while others bring the bottled refreshments and everyone is welcome to enjoy. Saturday night is our Group dinner night. The club provided \$10 per person.

And what's coming up next?

Trip #3 - Our upcoming **February Super Bowl Trip** is sold out. We have 24 members going which fills the three 8-person condo's we reserved. With all of the snow being dumped on Mammoth as we speak, it should significantly increase the snow base and cover the remainder of the rocks that have been visible on the last two trips. Hopefully, the weather will be clear with little or no wind for this trip.

If you are not in a carpool yet, come to the monthly meeting on Tuesday (February 2nd) and we will get it worked out.

Trip #4 – **Olympic Dreams is February 25-28**. Note: we are back to our normal Thursday to Sunday days. The date for the end of the **early bird discount rate has been changed** from the January 28th to **February 2***, which is our normal monthly meeting date at Mario's. If you haven't signed up for this trip yet, it may be a good idea to bring a check to the February 2nd meeting.



All decided to pool the money and partake in the club feast. We developed a menu; pick up the food at Von's. Because of the number of people, we had to prepare the food and eat in two condos, 154 & 156. I thought that it went quite well. As usual, we had more food than we could eat but once again, there were leftovers for Sunday lunch at the condo before we all headed for home.



First Trip. First Impressions.

New members Ray and Cheryl - and their January Trip



"Actually I was really impressed with how the club has a great balance of organized, but not uptight. I was really happy to find "my people". The ones who sleep in, ski the blues and party till 11:00!! Yahoooo!! Great group with all levels of skiers." Cheryl

"I had a great time on the trip! Couldn't have been better. Great people, super weather, fantastic food, the snow was good, and Whiskey Creek was fun. I even got pushed to do some hard ski runs....and came back in one piece. Thanks to all for the great experience!" Ray

The 411 on XXI Winter Olympic Games

OK – so it's been four long years since the thrill and fascination of the 2006 Winter Games in Turin, Italy. Excitement mounts as the 2010 Olympic Torch Relay reaches the last stretch of a 106 day, 45,000km journey.

For those of us with vague recall and blurry memories - Here's a little Winter Olympics 411 on the 2010 Winter Games.

Where: Vancouver/ Whistler, Canada

When: Feb 12 – 28, 2010

Who: More than 80 nations participating

What: 15 Winter Sports Events

- **Ice Sports (8):** Bobsled, Luge, Skeleton, Ice Hockey, Figure Skating, Speed Skating, Short track Speed Skating, Curling
- **Alpine Skiing and Snowboarding (3):** Alpine, Freestyle, Snowboarding
- **Nordic Events (4):** Biathlon, Cross Country Skiing, Ski Jumping, Nordic Combined

Alpine Skiing 411

The excitement factor: Vertical Drops of 180 to 1100 meters, Speeds up to 130km/hr

The Events: 5 competitions within the Alpine Skiing

1. **Downhill.** A single course and single run. Longest course and fastest speeds.
2. **Slalom:** Two courses/ same slope, two runs, combined times. Shortest course and quickest turns
3. **Giant Slalom:** Two courses/ same slope, two runs, combined times. Fewer, wider turns
4. **Super-G:** A single course and single run. "Super Giant Slalom" combines downhill + giant slalom. Slalom turns on a shorter course than downhill
5. **Super Combined:** Downhill run followed by shorter course Slalom run, same day. Combined times.

Snowboarding 411

The excitement factor: Air, acrobatics, speed, precision, and pure adrenalin

The Events: 3 competitions within Snowboarding

1. **Halfpipe:** acrobatic jumps, twists and tricks on the inside of a half-cylinder snow tube or ramp. Judged according to height and style of tricks
2. **Parallel Giant Slalom:** 2 boarders racing, fastest advances to next round. Top racers do total 9 runs
3. **Snowboard cross:** 4 racing against each other. Rolling terrain, jumps and ramps. Fastest 2 from each heat advance to next round.

Mammoth has the snow.... Vancouver has the Olympics. So why not enjoy the BEST of both worlds Feb 25-28 --- HBSC Ski trip and Winter Olympic events that awe and inspire the world. For Olympic 411 – check out www.vancouver2010.com

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We're on the Web!
www.hbskiclub.com

Surf, Sand & Palms meet Snow, Slopes & Pines!

Yes. Surf City USA has its very own Ski Club –
Huntington Beach Ski Club. We love the Sand and the Surf. We love the Snow.
And we absolutely love February 2010.

WHY? Because February 2010 is the month of 4 Incredible Events

1. Superbowl
2. XXI Winter Olympics
3. HBSC Superbowl Weekend Ski Trip
4. HBSC Olympic Dreams Ski Trip

Discover HBSC. Visit our website, attend a club meeting, come to a 'local social'

It's SNOW TIME! Let's SKI!



Who's Who and Where To's

Who's Who—The HBSC Board

- President— Betsy Pedley
- Vice President— Dick Thiel
- Treasurer— Vicki Pope
- Secretary— Patti Snodgrass
- VP Special Events— Loni Pham
- Trip Coordinator— Dick Thiel
- Race Chairman — Ron Paine
- Director— Curt Parham
- Newsletter – Penny Edlund

Where To's

- Our top pick of course!
www.hbskiclub.com
- And then there's
www.mammothmountain.com
- Orange Council of Ski Clubs
www.orangecouncil.org
- Far West Ski Association
www.fwsa.org
- 2010 Winter Olympics**
www.vancouver2010.com