



# The Blizzard

## Let the Snow Begin!

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HBSC may be a diverse club with interests, activities, events and affiliations that span the year. But this is what we've been waiting for:

### Snow Season 2009—2010!

With El Nino forecasted, we are expecting a great season and plentiful snow.

#### Skiers.

#### Snowboarders.

Grab your calendars, mark these dates and Let the Snow Begin!



### HBSC Mammoth Trips

Dec 10-13, 2009

Jan 7-10, 2010

Feb 5-8 (Super Bowl)

Feb 25-28

March 18-21

April 1-4

April 15- 18 (SCAW)

### Keystone Trip

FWSA

Jan 30—Feb 6

And why do we love HBSC ski trips? Cost, Convenience, and our Club members.

Big bang for the ski buck—with an eclectic incredibly fun-loving group!

### The Blizzard

- Welcome to Issue 1
- Welcome to Snow Season 2009-2010
- Happy Halloween
- Happy Birthday to all you October & November babies
- Your stories, reports, recaps and photos are welcome. Please submit by the 15<sup>th</sup> of the month
- .... Is it snowing yet?

## HBSC 2008-2009 recap ....

What can we say? What a great year! And yes you can have it all. We enjoyed an excellent snow season with 7 Mammoth trips and one out of state, Ski Club Appreciation Week (complete with Ski dummy

races, pub crawl and '87 Prom night). The fun didn't stop there. Off the slopes— dancing at Tumbleweeds, scuba diving, Blues Cruise, Summer Party (boy did we!), Mammoth Jazz Festival with

lots of hiking, Ron Pedley performing at Brix, End of summer Beach Party (Rodger's famous Fish tacos!), Camp Pendleton Mud Run, and much much more.... Now on to '09-'10 with gusto!!



President Betsy

## Betsy's Blog

### A Message from our President

Well Summer is over and the HB Ski Club enjoyed Scuba diving, hiking, the Mammoth Jazz Festival and Old World Oktoberfest, as well as, our monthly gatherings. So enough of that messing around...and let's get to our winter ski season! It's time to say good-bye to the 2008/2009 HB Ski Club season and a Big WELCOME to the new 2009/2010 HB Ski Club members.

I am looking forward to another well-planned winter

season of snow-sun and fun. Our Board of Directors have been working on building a consistent calendar for you all this year. We hope by doing so, you all will be able to plan your vacation/time off schedule so you can enjoy the "play time" we have planned for you. We are continuing the early sign up discount for Mammoth trips this year. You can enjoy the same low price as last season. How's that for the HB Ski Club ski more stimulation package?!

The first deadline of \$130.00 is November 12, 2009 to sign up for the December 10-13, 2009 Mammoth trip. For those of you who hold a Mammoth Season Pass: December 12<sup>th</sup> is "MVP Early UpsDay". Free breakfast at McCoy Station and first on the lifts before the mountain opens to the public!

I will see you at the first official 2009/2010 season meeting Nov 3<sup>rd</sup> at Mario's. Pray for snow ☺ **Betsy**

## Fight Flu Season – So you can enjoy Ski Season

Maybe a little ironic—our favorite season, anxiously anticipated by all, happens also to be the Flu Season. While it's normally only a mild-to-moderate annoyance, this Flu Season threatens to be a major buzz-kill. Pigs don't fly—but we can thank the fine swine for H1N1. And, unlike the 'usual suspect' strains—it's hitting the YOUNG and HEALTHY hard. (Hello — that's us!)

H1N1 has hit pandemic proportions. On October 24, a National Emergency was declared. Swine Flu vaccine is currently limited. The "regular" flu shot doesn't protect against H1N1.

**SYMPTOMS?** Similar to those of the regular flu, they include fever, cough, sore throat, body aches, headache, chills, fatigue, possible vomiting/diarrhea. If you have children, watch for difficulty breathing, low activity, fever, lethargy.

And if, unlike Betsy, you haven't already succumbed here's a few things you can do to STAY WELL and SKI LOTS this season.

**PREVENTION:** Abundant hand washing and hand cleansers. Avoid "dirty surfaces". (The virus can linger up to 8 hours on doorknobs, keyboards, handrails etc etc) Avoid

contact with sick people! (too obvious?)

**What if you get sick?** Stay Home. Stay away from others. Contact your doctor early —Antivirals, if ordered, are most effective if started within 2days of symptoms. Symptoms that require emergency evaluation and medical care include Difficulty breathing, shortness of breath; chest pain or pressure; abdominal pain; sudden dizziness; confusion; severe or persistent vomiting; improved symptoms that return with fever and worse cough. Check out the CDC site. [www.cdc.gov/swineflu/](http://www.cdc.gov/swineflu/) **Stay healthy.** Protect yourself, your family. A Fabulous Ski Season awaits!

*H1N1 has hit pandemic proportions. A National Emergency is declared. Stay Informed. Visit [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu) or [www.flu.gov/](http://www.flu.gov/)*

# Do Dates (aka those dates you don't want to miss)

In case you are calendar challenged, routine-averse, or just can't stay organized—these “DO Dates” will help insure that you DON'T miss out on upcoming HBSC events and activities that make our club so..... incredibly fun and awesome in our delightfully understated way.

Ski dates you have.... But you know we are not just a club with altitude. We enjoy gathering in our local surrounds (*almost*) as much as on the slopes. Get your calendars ready— 'cause here goes.

### SKI DAZZLE

Thur Oct 29—Sun Nov 1  
LA Convention Center.

Everything for Skiers,  
Boarders + HBSC booth.  
Need we say more?!

### Monthly Club Meeting

1st Tuesday of the Month  
Mario's. 18603 Main, HB  
6:30pm Social. 7:30 Mtg

### Monthly Social

3rd Friday of the Month  
Tumbleweeds—Live Music  
21096 Beach Blvd, HB  
Dance a little. Dance a lot!

### Mammoth Race Camp

December -11 2009

And for you total uber-achievers, get a head start on your **SUMMER 2010**

End of Season Party  
May 21 at Zubie's

Blue's Cruise/ Founders  
Birthday Bash June 18

Mammoth Jazz Festival and  
Hiking July 8-11

End of Summer Beach Party  
Sept 11

Water ski Weekend  
Sept 25



# HBSC - What's Not to Love!

Why do we love HBSC? The list is long.... But we'll start with the obvious.

Club Members - Yes, we're a widely diverse, remarkably compatible group sharing a passion for snow, socializing and an expansive range of activities.

Convenience— Crazy schedules? Think about the flexibility that carpooling options have over “fixed scheduled” transportation

Cost—How do we do it?  
Carpooling PLUS consistently comfortable Mammoth condos at

such affordable rates. Now that's bang for the ski buck!

Snowboarders and skiers— together. We prove they are not mutually exclusive or absolutely incompatible

Vicki Pope's famous breakfast pancakes

Carpool conversations— make for a great trip and the miles just melt away

Après ski Jacuzzi— makes those après aches just melt away

Après ski Appetizers— Nothing like the whole gang descending on one

condo to gather, gab, and decide where to dance the night away

Dancing— Yes we can and we do... even after a full day on the slopes or a full day at work (at least until 10:30pm Dick)

Condo cooking— family style dinners, entertaining conversation and some amazing cooks in the kitchen (Allison, Vicki, Betsy—that means you)

Ron playing the piano

Great friendships, fun ski partners - you'll never get lost on the trails or have to ski alone.



*“Finally it's time!  
....Let the skies  
darken, the blizzards  
roar and the snowfall  
blanket our mountain  
trails.”*

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We're on the Web!  
[www.hbskiclub.com](http://www.hbskiclub.com)

## Surf, Sand & Palms meet Snow, Slopes & Pines!

Think about it. Surf City USA has it's very own Ski Club!!

A little intriguing? You bet. So how do we do it and what makes us unique? We have a great club with fun-loving, easy-going, eclectic, high-energy members. Our trips, activities and events are fun, well organized and yes—affordable. We know good bang for the ski buck.

The Huntington Beach Ski Club is for active singles and couples who like to do a variety of activities including skiing, snowboarding, whitewater rafting, house boating, waterskiing, river rafting, camping, hiking, biking, live music, dancing, dinner shows and much more. Our members come from as far as Santa Barbara to San Diego. We are growing in numbers and welcome new members.



## Who's Who and Where To's

As a HBSC Member, it's always helpful to know Who's Who - as in who are those dedicated Club Officers that do all the work so we can have a great club - and to know the Where To's, as in where to go to, gotta have websites that make the snow-lovers life so much more gratifying.... and the anticipation of your next ski trip so much more scintillating.

*Btw: Share! If you know of sites that we should add to our favorites, let us know and may our lists grow.*

### Who's Who—The Board

President— Betsy Pedley

Vice President— Dick Thiel

Treasurer— Vicki Pope

Secretary— Patti Snodgrass

VP Special Events— Loni Pham

Trip Coordinator—Dick Thiel

Race Chairman —Ron Paine

Director—Curt Parham

With a note of thanks for all the time they so generously give.

### Where To's

Our top pick of course!

[www.hbskiclub.com](http://www.hbskiclub.com)

And then there's

[www.mammothmountain.com](http://www.mammothmountain.com)

Orange Council of Ski Clubs

[www.orangecouncil.org](http://www.orangecouncil.org)

Far West Ski Association

[www.fwsa.org](http://www.fwsa.org)

Ski Dazzle

[www.skidazzle.com](http://www.skidazzle.com)

For all us Flu Fighters

[www.cdc.gov/swineflu/](http://www.cdc.gov/swineflu/)

